

SUMMER AFTER-HOURS



JOIN US FOR AN AFTER-HOURS VIRTUAL PROGRAM THAT INCLUDES EVERYTHING FROM DIGITAL ESCAPE ROOMS AND SCIENCE EXPERIMENTS TO TED TALKS AND HIP-HOP WORKOUTS.

YOU WILL NOT BE DISAPPOINTED.

DID WE MENTION THERE IS A GRAND PRIZE? YES, WE SAID IT...GRAND PRIZE.

**JUNE 8 -
26, 2020**



ABOUT SUMMER AFTER-HOURS



Calling all Holmes High School students...

Join us for an after-hours virtual program that includes everything from digital escape rooms and science experiments to TED talks and hip-hop workouts.

WHAT IS NEEDED?

You. A digital device. Internet access. (Yes, it's that simple.)

WHO IS ELIGIBLE?

Summer After-Hours is open to all incoming 9-12 students registered with Covington Independent Public Schools.

WHEN IS THE PROGRAM?

Summer After-Hours will be held June 8-26, 2020, Monday-Friday. In collaboration with the Holmes High School Summer School Program, Summer After-Hours is designed to take place after the hours of the typical summer school program; however, students may work at their own pace and complete the daily enrichment activities at any time. Students do NOT have to be participants of the Holmes High School Summer School Program to participate in Summer After-Hours.

DID SOMEONE MENTION A GRAND PRIZE?

Yes, yes we did.

Engage in a minimum of ten daily activities (with daily surveys) AND complete the end-of-program survey, and your name will be entered into a drawing for the Summer After-Hours Grand Prize (worth over \$100).



← END-OF-PROGRAM SURVEY

the details



WEEK ONE

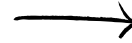
Education is the most powerful weapon which you can use to change the world.

-Nelson Mandela

6.8.2020

National Zoo: Black-Footed Ferret Cam

Black-footed ferret Potpie gave birth to six kits May 10, 2020. Keepers use this webcam to monitor the group and make sure they are healthy. Each kit is a huge step in saving this endangered species.
(Please note that this webcam has no sound and appears black and white because it is dark inside the den.)

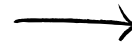


6.9.2020



Hogwarts Digital Escape Room

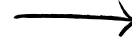
Welcome to the Harry Potter themed escape room. Try your skill at escaping this challenge!



6.10.2020

Exercise Video: 30 minute Hip-Hop Fit Workout

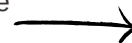
Get ready to unleash your inner dance and fitness beast with Hip-Hop Fit creator, Mike Peele! This class is for everyone from beginners to advanced. Just get ready to push your mind and body to the next level!



6.11.2020

Virtual Field Trip: Borneo – The Symphony of the Rainforest

What does sound tell us about the world's wildest places? To find out, join science writer Justine Hausheer as you embark on a virtual field trip to Borneo, the third largest island in the world. You'll explore how you can use science and acoustic technology to care for the land and protect the plants and animals in one of the world's most biodiverse regions.

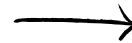


6.12.2020



Science Fun: Water Fireworks

Want to make fireworks in a glass? Try this easy experiment using simple supplies: water, oil, food coloring, a fork, and two 16 ounce glasses.



the schedule



DAILY ACTIVITY SURVEY

Education is not the learning of facts but the training of the mind to think.

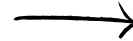
-Albert Einstein



WEEK TWO

6.15.2020 TED TALK: The Skill of Self-Confidence

As the Athletic Director and head coach of the varsity soccer team at Ryerson University, Dr. Ivan Joseph is often asked what skills he is searching for as a recruiter: is it speed? Strength? Agility? In Dr. Joseph's TEDx Talk, he explores self-confidence and how it is not just the most important skill in athletics, but in our lives.

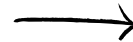


6.16.2020



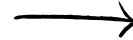
Museum of the World, London: Virtual Timeline Tour of History

Explore history of the Americas, Africa, Asia, Europe, and Oceania through art and design, trade and conflict, and so much more.



6.17.2020 DUOLINGO: Learn a New Language

Whether you are a beginner or have some experience, this site will help you learn these languages: Spanish, French, Japanese, German, Italian, Chinese, Korean, Russian, Greek, Latin, Hebrew, Hawaiian, Danish, Swahili, Navajo, and many more! Spend your summer learning a new language.

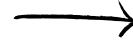


6.18.2020



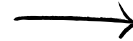
Virtual Field Trip: The Secret Life of Corals - A Dominican Republic Adventure

Learn how fragile reefs are being damaged by human activity and climate change and how scientists are developing ways to restore corals.

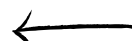


6.19.2020 Experimonkey: Homemade Lava Lamp

Learn how to create your own homemade lava lamp using the following supplies: plastic bottle, seltzer tab, food coloring, funnel, vegetable oil, water.



let's do this



DAILY ACTIVITY SURVEY



WEEK THREE

Your success will be determined by your own confidence and fortitude.

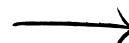
-Michelle Obama

6.22.2020



Cincinnati Zoo: Home Safari Video – River Otters

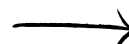
This home safari will be otterly amazing! Zoo staff will introduce you to Sugar and Wesley, North American river otters.



6.23.2020

Exercise Video: 10 Minute Cardio Workout

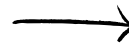
This short, but fun workout is perfect for anyone that wants to get some exercise at home. Check out this easy to follow video. Exercises include: jumping jacks, squats, the slow bicycle, and vertical jumps. *(The only sound is the timer beeps.)*



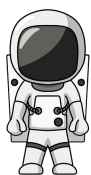
6.24.2020

National Underground Railroad Freedom Center: Online Exhibit – A Slave Pen Journey

Discover the stories of freedom's heroes from the comfort of your home. View artifacts from the NURFC's collection. Simply scroll to view exhibit.

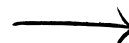


6.25.2020



NASA: Commercial Crew Program VR 360 Tour – Train Like an Astronaut

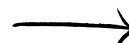
NASA STEM Engagement Specialist Rachel Power gives an overview of the astronaut training required for living and working on the International Space Station. This video is an immersive, Virtual Reality tour of the facilities at the Johnson Space Center.



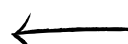
6.26.2020

Cincinnati Museum Center: Wonderzone – Nanotech Nature Video

Learn about iridescent light and colors that change at different angles during a fun experiment. Very few supplies are needed to replicate the project.



no limits



DAILY ACTIVITY SURVEY

THANK YOU

Thank you for participating in Summer After-Hours!
We hope you enjoyed the daily activities...and
maybe learned something new along the way.



DID YOU COMPLETE A DAILY SURVEY?

Did you complete a VERY short survey (only ONE question!) about each of the virtual activities in which you participated? Don't forget...you should have answered the **Summer After-Hours Daily Activity Survey** after the completion of each activity. If you forgot some, no worries!...just complete them by June 26, 2020 at 11:59 PM.



← **DAILY ACTIVITY SURVEY**

ONE LAST THING...

Remember that grand prize?

If you engaged in a minimum of ten daily activities (and completed the daily surveys) AND completed the end-of-program survey, your name will be entered into a drawing for the Summer After-Hours Grand Prize (worth over \$100).

Want to DOUBLE your chances of winning? Simply complete **ALL** daily activities (with the daily surveys) and the end-of-program survey. All activities and surveys must be completed by June 26, 2020 at 11:59 PM for entry into the Summer After-Hours Grand Prize.



← **END-OF-PROGRAM SURVEY**

*that's
a wrap*